

Delight in the Company of Others

When I spy something really beautiful, e.g., a vivid rainbow or a spectacular sunset, or something of unusual delight, e.g., young calves frolicking together while the rest of the herd grazes, or a flock of geese flying in a formation, then as enjoyable as that is when I see it by myself, it is far more enjoyable when I am in the company of another person and am able to point it out and say, "Wow! Look at that," and enjoy it together with that person. I think this is a very common experience and suggests to me a universal need for companionship.

This thinking seems to be confirmed by [Genesis 2:18](#), i.e., "It is not good for the man {humans} to be alone."* **

* See this article suggesting that [solitary confinement is essentially torture](#).

** C. S. Lewis, according to [Philip Vander Elst](#), asserts that "true love is a voluntary union of free individuals giving themselves to each other for their mutual delight and for the mutual enjoyment of life and all its blessings."

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